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## Santa's in the house, Metro readers

Metro is not publishing on December 25. Don't forget to pick up our special Boxing Day edition

## 2013: Year of the unwelcome sequel

Pacino, Walken and Willis among the revered actors who sunk to a new low this year, according to Metro **PAGE 12**



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# Merry Christmas Edmonton!

A jolly Santa Claus takes a break from greeting young children while on duty at Southgate Mall on Monday. **LEAH GERMAIN/METRO**

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## Credit card. Spruce Grove man says he was Target of massive scam

A Spruce Grove father says he was the target of recent credit card fraud while vacationing in Anaheim, Calif.

Ron Zapisocki was vacationing with his family at Disneyland when they decided to stop at a nearby Target department store to buy snacks for their trip.

After trying to pay for the items with his MasterCard, Zapisocki was told by the cashier his card didn't work. Confused, Zapisocki paid for the items with his Visa during the Dec. 13 store trip. It was only when he returned to Alberta that he learned his MasterCard credit card had been compromised, with about \$3,000 in unauthorized purchases charged to his account.

Zapisocki believes he is one of the 40 million Target customers who swiped their debit and credit cards between Nov. 27 and Dec. 15 and were targeted by hackers.

According to a message posted by Target president and CEO Gregg Steinhafel on target.com, "the cause of this issue has been addressed."

After receiving spraying equipment that he believes was purchased with his card at his home on Saturday, Zapisocki is now worried the hackers can use his home address.

"This is a little disturbing because of them having my address and I'm assuming it opens up an opportunity for them to apply for credit in my name," he said. Zapisocki doesn't owe any money towards those purchases but is warning travellers to be careful when using credit or debit cards.

**STEPHANIE DUBOIS/METRO, WITH FILES FROM THE ASSOCIATED PRESS**



University of Alberta students Lisa Dahlke, Kathrin Kapfinger and Tudor Apan sit in the International House igloo made by university students. **STEPHANIE DUBOIS/METRO**

# U of A students break the ice with igloo

**Brick by brick.** Students use igloo to cope with winter months



**STEPHANIE DUBOIS**  
stephanie.dubois@metronews.ca

International and Canadian University of Alberta students decided to embrace winter by building an igloo.

Built using milk cartons to make the bricks, students living in the university's International House joined together to make the iconic winter structure to cope with the

colder months.

Romanian student Tudor Apan led the igloo-building campaign, saying building the winter structure was a unique experience.

"It was so hard, especially at the end because I think I swallowed a lot of snow and water," he said. "It's also symbolic with all the colours and multiculturalism."

The igloo took two weeks to build, and the opening ceremonies were held Dec. 19 with students on hand.

Students started collecting milk cartons at the beginning of the semester to build the igloo, with a competition for whoever collected the most

### In da IHouse

There are students from 45 different countries staying at IHouse this semester.

- Students from around the world and Canada share the accommodations each semester.
- More than 700 milk cartons were collected to build the igloo.

milk cartons getting fairly competitive, according to IHouse students.

"I spent a lot of hours rins-

ing milk cartons but it was worth it," said Kathrin Kapfinger, a student from Germany who won for collecting the most milk cartons.

Many students living in the campus residence are visiting from countries without snow and campus staff said the igloo represents a sense of community for the students.

"When people are away from home, it's really important that they can create wonderful things where they're at, share and come together on projects like this. It's symbolic of the diversity of all the people that are building it," said Leslie Weigl, global education co-ordinator with IHouse.

1 NEWS



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# Edmonton cops, kids set for fifth annual McCauley Cup

## Hitting the rink.

Officers will take to the ice for a fun game of hockey with local youth

Edmonton's downtown division police officers are sharpening up their skates to face off against local youth for the annual McCauley Cup.

The game, now in its fifth year, brings together members of the McCauley community to play a game of pick-up hockey against police who work the downtown beat.

"This is an annual hockey game that fosters positive relationships between police and kids, youth and the neighbouring community," said Noreen Remtulla, an EPS spokesperson.

"There is always lots of smiles and laughter on the ice, no matter what the weather," she added.

With kids ranging in age from five to 18, Remtulla said that the hockey game acts as a common ground for youth to meet the area's police officers.

"Sometimes it's the first time a lot of these kids are meeting the police, so it is always a good idea to have them meet (officers) in a posi-



The fifth annual McCauley Cup, a hockey game for Edmonton police and youth from the McCauley neighbourhood, is set for Dec. 27. CONTRIBUTED

tive light and to build and foster those relationships and get to know them as well," she said.

According to Meredith Porter, president of the McCauley community league,

the event is more than just a hockey game with EPS.

"It's a wonderful way for people who live in the neighbourhood to connect with people who skate in the neighbourhood from all

corners," she said. "I think it is nice because it puts faces to names for residents in terms of police officers and it's nice for police officers to also know who is around and know what is going on in

people's lives."

Porter called the event a bridge for the community.

The puck drops Dec. 27 at 2 p.m. at the McCauley outdoor rink at 96 Street and 108 Avenue. LEAH GERMAIN/METRO

## Hobbema man charged

### Arrest made in attempted murder case

A Hobbema man has been charged with attempted murder after he allegedly stabbed a 50-year-old man and then set his house on fire, said RCMP.

Ryan Okeynan, 26, was arrested shortly after authorities responded to a house fire in the Samson Cree Nation.

The victim was found with multiple stab wounds at a neighbour's residence. RCMP suspect the victim attempted to flee his burning house.

Along with attempted murder, Okeynan is being charged with aggravated assault, arson and breach of conditions.

LEAH GERMAIN/METRO

## Freezing rain

### Chopper lands at mall parking lot

An Edmonton police helicopter made an unexpected landing on Monday at about 3 a.m. at a west-end parking lot after freezing rain reduced the pilot's visibility.

The helicopter, Air 2, was returning to the Ville-neuve Airport early this morning when it encountered freezing rain.

Rather than taking the risk to proceed to the airport, the flight crew made an immediate decision to land at Callingwood Mall.

LEAH GERMAIN/METRO

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## High River. Flood-ravaged town lets one neighbourhood return to natural state

An Alberta town hit hard by flooding last spring has decided to buy out one neighbourhood and leave it undeveloped.

High River Mayor Craig Snodgrass says council has agreed with engineers to let the neighbourhood of Wallaceville return to its natural state.

Snodgrass says doing this will also protect the rest of the community.

"The decision to return Wallaceville to an undeveloped state was not taken lightly, however we do believe it is the responsible direction to take, and we know that the property owners need a decision so they can move forward," he said in a release.

The mayor says Wallaceville was one of the hardest hit areas of the June flood because it sits at a critical choke point along the Highwood River, and it has repeatedly flooded.

Reiley McKerracker, manager of engineering for High

### Call for details

Those who own property in the area but do not live there are asked to phone 403-603-3583 with their details.

River, says in order to protect Wallaceville, a 3.2 metre-high dike would have to be built around it.

He says the feasibility of doing that was questionable.

The properties to be included in the Wallaceville naturalization are those contained between Lineham Canal and the main channel of the Highwood River along and east of Centre Street. Valuation of the properties in the neighbourhood will be based on 2013 municipal tax assessments. Details on the property purchase program are being finalized and will be available in January.

THE CANADIAN PRESS

### Lois Hole Library

## Man arrested for library voyeurism

Edmonton police have arrested a man in relation to a voyeurism incident in the public washrooms at the Lois Hole Library.

Antonio Petraglia, 47, is charged with voyeurism after a 19-year old woman reported to police that "an elderly male" followed her into the women's washroom and peered up at her from the adjacent stall on Dec. 7, said a news release.

Police arrested Petraglia at the same library Dec. 15 after witnesses identified the suspect from a photo.

METRO

### New Year's Eve

## Ring in 2014 with a bang, Edmonton

The city and Events Edmonton want Edmontonians to ring in 2014 with a bang at the New Year's Eve family event on Dec. 31.

Starting at 7 p.m. at city hall, live entertainment, kids' crafts, magicians and face painters will entertain all ages.

At 10 p.m. live music, ice skating and food concessions and a midnight fireworks show will close the evening's events. Public transportation will be free that night. More details can be found at the Events Edmonton website. METRO



Sarah Janzen and her brother, Shane Schroeder, pose together. Shane was killed Dec. 20 in an avalanche near Golden, B.C. FACEBOOK

# Shane Schroeder remembered

**Avalanche victim.** Edmonton woman calls brother 'gentle soul' after he was killed in an avalanche

LEAH GERMAIN

leah.germain@metronews.ca

It has been a tough few days for Sarah Janzen and her family.

After her brother Shane Schroeder was killed by an avalanche in Golden, B.C. on

Friday, Janzen said she and her parents spent the weekend remembering who he was as a person.

"He was a good guy and it's good to let people know who he was," Janzen said in an interview with Metro. "I wish everyone could live like he did: just a kind-hearted, gentle soul."

Schroeder, 29, was killed Dec. 20 while snowboarding out of bounds at Kicking Horse Mountain Resort.

"I think almost anyone could call him a best friend, kind and always full of love and

### Facebook page

Friends and family have set up a memorial page for Schroeder on Facebook — [www.facebook.com/ShaneSchroederMemorial](http://www.facebook.com/ShaneSchroederMemorial)

laughter," Janzen continued.

Despite a five-and-a-half-year age difference, Janzen said her and Schroeder were always friends.

An avid snowboarder, Janzen said her brother fell in love with the winter sport im-

mediately after his first time five years ago.

"When he found something he loved, he would go all in," she said.

While no date has been set for a memorial, Janzen and her parents are working on a service for Schroeder that would be more of a celebration of his life instead of a funeral.

A sticker campaign, #shred4shane, was also launched this past weekend by some of Schroeder's friends to raise awareness for avalanche safety.

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# Hydro crews work around the clock to get lights back on

**Ice storm.** Hundreds of thousands in Ontario, Quebec and New Brunswick may still be without power on Christmas Day

A nasty ice storm that left hundreds of thousands without power in Ontario and Quebec tracked through the Maritimes on Monday as authorities worked frantically to clear tree-strewn roadways, restore downed hydro lines and get stranded travellers to their destinations.

Hydro companies in the Greater Toronto Area — which appeared to be the hardest hit by the weather system — warned some residents to brace for the possibility of being without power until Boxing Day or later.

Some neighbourhoods resembled crime scenes with yellow police tape used to cordon off areas where electric wires or large trees had come crashing down over the weekend. Sidewalks around some high rise buildings were also closed off due to the risk of falling ice.

Meanwhile, travellers trying to get home for the holidays continued to face delays and cancellations on airlines and trains.

Environment Canada said the storm had hit Eastern



A crew subcontracted to assist with restoring power following the ice storm in Toronto works on a power line on Monday. MATTHEW SHERWOOD/THE CANADIAN PRESS

Canada hard. "It was a mighty blow," senior climatologist David Phillips told The Canadian Press.

The weather agency said the system had turned particularly vicious thanks to a combination of warm air from Texas colliding with cold air over Canada to create a drawn-out period of freezing rain.

"We had freezing rain from south of London, all the way through to Ottawa and Montreal and southern Quebec and now today to central and southern New Brunswick, all of P.E.I. and most of Nova Scotia," said Phillips. **THE CANADIAN PRESS**

**Newcastle, Ont.**

## 2 dead from carbon monoxide

Police in Durham Region, east of Toronto, say two people are dead after carbon monoxide seeped into their home from a gas generator running in the garage.

Police say emergency services were called to the home at about 3:30 p.m. Monday

regarding several people who were feeling ill. A 52-year-old man and his 72-year-old mother were rushed to Lakeridge Health Bowmanville but did not survive. Their names have not been released.

Police say a gas-powered generator was running in the garage to supply electricity to heat the house, and although there was no access to the house from the garage, the fumes still got inside the home. **THE CANADIAN PRESS**

## Montreal. Alleged mafia boss dies in hospital

Vito Rizzuto, the reputed head of the Montreal Mafia who built a powerful criminal organization with international tentacles, died in hospital Monday.

Rizzuto, 67, passed away of natural causes, said Maude Hebert-Chaput of Montreal's Sacre-Coeur Hospital.

His death raises questions about the future of the Rizzuto clan's decades-old empire.

**THE CANADIAN PRESS**



Vito Rizzuto THE CANADIAN PRESS FILE

## Russia. Pussy Riot calls for boycott of Olympics

The last two imprisoned members of the Russian punk band Pussy Riot walked free Monday, criticizing the amnesty measure that released them as a publicity stunt, with one calling for a boycott of the Winter Olympics to protest Russia's human rights record.

Maria Alekhina and Nadezhda Tolokonnikova were granted amnesty last week in a move largely viewed as the

Kremlin's attempt to soothe criticism of Russia's human rights record before the Sochi Games in February.

The amnesty — part of a wide measure passed last week by the parliament — and President Vladimir Putin's pardoning last week of political rival Mikhail Khodorkovsky freed some of the most prominent convicts in politically-tainted cases. **THE ASSOCIATED PRESS**

## Ammolite. National treasure stolen in heist

Police in Vancouver are looking for a rare gemstone stolen early last Friday morning in a robbery in the city's Gastown district.

The front window of Rocks and Gems Canada was smashed Dec. 20 and police say the crook made off with a nearly 28 centimetre-long piece of ammolite. The opal-like gem is worth \$500,000.

Ammolite, Alberta's official gemstone, is also ranked as a Canadian national treasure, meaning the federal government must approve an application to take it out of the country. **THE CANADIAN PRESS**

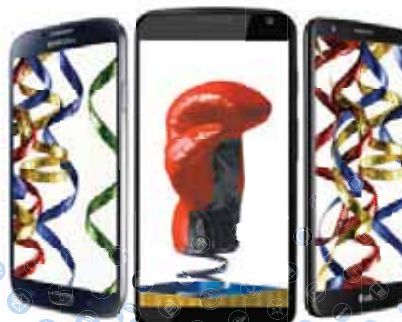


Ammolite THE CANADIAN PRESS

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metro

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metronews.ca  
Tuesday, December 24, 2013

Same as 2012

## October federal deficit totals \$2.5B

The federal government ran a deficit of \$2.5 billion in October, unchanged from the same month last year.

The monthly fiscal monitor said the fed's revenue slipped by \$100 million as an increase in personal income tax and other sources was offset by lower revenue from corporate taxes and the GST. **THE CANADIAN PRESS**

Market Minute



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**OIL**  
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**Natural gas:** \$4.48 US (-0.01)  
**Dow Jones:** 16,294.61 (+73.47)

## Smartphones. Apple inks deal with China Mobile as it battles cheaper rivals

Apple's stock rose three per cent in morning trading on Monday, a day after the company announced a long-anticipated agreement to bring the iPhone to China Mobile, the world's biggest phone company.

The deal has the potential to boost iPhone sales in a market where Apple Inc. faces intense competition. But even with China Mobile Ltd.'s vast state-owned network, marketing power

and more than 750 million mobile accounts, the iPhone has enormous challenges to overcome in the world's most populous nation.

Apple's smartphone is already available in China through two smaller carriers, and although it is popular with well-heeled Chinese customers, the iPhone is losing market share to lower-priced smartphones from Samsung and local brands.

**THE ASSOCIATED PRESS**



A woman using a mobile phone walks past Apple's logo near its retail outlet in Beijing, Monday. **THE ASSOCIATED PRESS**



Above, Blake as a happy 7 year-old.  
Now you know where homeless adults can come from.

(Blake, currently homeless)



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# HAPPY BIRTHDAY, CHRISTMAS BABY

I'm going to take a moment to abuse my power as a newspaper columnist and send a very Happy Birthday shout-out to my boyfriend. Yes, my poor significant other has a dreaded Christmas Eve birthday. Even his name — Christopher — echoes the omnipresent holiday that falls on his special day.

Often overlooked and forgotten during the busy holiday season, he has quite a few childhood stories of birthdays spent alone at the rink and forced "half-birthday" celebrations in June that always seemed a bit lackluster.

He is not alone in his misery. Many Capricorn babies are quite vocal about their ill-timed birthdates and the dreaded Birthday-Christmas combo gifts. Why is it that a joint gift would be a complete outrage for an individual born in June but it's totally justifiable for anyone afflicted with a December 25th adjacent birthdate?

There are even parenting blogs dedicated to helping



**SHE SAYS**  
**Jessica Napier**  
metronews.ca

couples avoid conceiving a baby with a holiday due date. In case you're wondering, it's best to avoid the bedroom around the end of March if you want to skip a Christmastime delivery.

I am blessed with a mid-August birthday which always meant pool parties with friends and sun-kissed picnics in the park. I recognize how fortunate I am — I have never received a tree ornament as a birthday gift — and as such, I believe that all late December babies are fully entitled to their self-righteous whining. Sulk away Christmas babies! Because regardless of whether or not you choose to celebrate, this eternally merry and bright holiday is impossible to ignore.

Competing with Christmas is not an option and so yuletide birthdays will inevitably become an afterthought. Birthday gifts are wrapped in snowman-print paper, tinsel garlands adorn the hallways instead of balloons and banners,

and an abundance of gingerbread cookies and candy canes are placed around the house so that requesting an actual birthday cake seems out of the question.

Worse still is the absence of people willing and available to celebrate your special day. Absentee friends are out of town or suffering from holiday party fatigue. Even those high school acquaintances you never speak to are too distracted to remember to leave an obligatory 'Happy Birthday' Facebook wall post.

Of course there are some perks: Everyone is already in a celebratory mood, you'll probably have the day off work or school, and you'll be surrounded by all of your family (this may or may not be a good thing). If you're very lucky, perhaps some sympathetic friends and family will try to overcompensate with some extra special attention.

But perhaps we can all take a little time this holiday season to do our part to make the neglected birthday boys and girls feel extra special. And please, no combo gifts.

Follow Jessica Napier on  
Twitter @MetroSheSays



## ZOOM

### Photog captures icy bear stare



COURTESY PAUL Souders/NATIONAL GEOGRAPHIC PHOTO CONTEST

#### Polar bear pic wins top award

An eerie picture of a polar bear lurking beneath melting sea ice has won the grand prize of the 2013 National Geographic Photo Contest.

Seattle-based photographer Paul Souders captured this striking image last year in Hudson Bay, as the setting midnight sun glowed red from the smoke of distant fires. **METRO**

#### Q and A

#### 'Hasn't been done before'



**PAUL SOUDERS**  
Wildlife and travel  
photographer, 52,  
based in Seattle,  
Wash.

#### How did this photograph come about?

In July last year, I travelled to Churchill, Man., and in

my inflatable zodiac boat I found one bear. She swam up to an iceberg, ducked under and stayed underwater for several seconds. She hung there, just below the surface, watching me, then came up for another breath before swimming away.

**The polar bear looks pen-sive yet menacing. How does she seem to you?**

It's so spooky, knowing that the bear was peering back at me, so watchful and curious. It really feels like a moment of communion and trust for me.

#### Why do you think it caught the judges' eyes?

It's pretty tough to create a picture that hasn't been done before, and I think maybe this is one of them.

#### Clickbait



**LUKE SIMCOE**  
Metro Online



ISTOCKIMAGES

**Maybe you want to save the environment. Maybe you just want to save time. Or maybe it's Christmas Eve and you forgot to send your mother a card. No matter your reason, Metro has you covered with a few ways to use social media as a substitute for a holiday card.**

#### Facebook:

The world's most popular social media site is actually pretty full-featured when it comes to disseminating holiday cheer. You can craft a simple status update, tag your friends and family in a post, or upload and share a Christmas-themed photo album.

this simple app lets you superimpose text onto Instagram shots. Grandma is sure to love a selfie captioned with "Season's Greetings!"

#### Touchnote.com:

If you just can't go without the tactile sensation of a tacky Christmas card, consider Touchnote. The site lets you make a card using their online editor and then actually mails it for you to. No more licking stamps!

#### Instaquote:

Available for both iOS and Android,

#### Comments

**RE: Nova Scotia Still Bucking Boxing Day Trend By Keeping Stores Closed On Dec. 26, published online Dec. 23**

A government shouldn't even have any say on when a business can open or not. We live in a free country.

**Mythos88 posted to metronews.ca**

Good for N.S. and let's keep it up. Retail workers already get so few real holiday days (because most so called 'holidays' only benefit students/teachers and certain government workers) to spend with their families, now heaven forbid greedy people might have to, gasp, wait two days to buy their Boxing Day sales items!

**Jillian posted to metronews.ca**

**WE WANT TO HEAR FROM YOU: Send us your comments: [edmontonletters@metronews.ca](mailto:edmontonletters@metronews.ca)**



Bruce Willis wallops the legacy of John McClane for a quick paycheck in *A Good Way to Die Hard*. CONTRIBUTED

# The worst of film in 2013

## Forgettable fare.

In a year of great films, there were still plenty of stinkers



NED  
EHRBAR

Metro World News in Hollywood

Yesterday we looked at some of the best films of 2013. Today, to balance out that bright note, we look at some of the dark spots of 2014.

### Man of Steel

While there may have been many technically worse films this year, Zack Snyder's bombastic, tone-deaf update on Superman fails on a spectacularly higher level. Consider it a weighted grade. Moralizing, wanton destruction and clumsy product placement are a

tough mix.

### A Good Way to Die Hard

Bruce Willis further tarnishes the legacy of John McClane with this loud and un-fun entry that's a *Die Hard* film in name only. Maybe he's squinting the whole time because he can't bear to look at what he's creating.

### Safe Haven

Romance-loving audiences deserve better than this poorly executed dreck from the mind of bestseller Nicholas Sparks. From the wooden acting to the contrived plot to the limping pacing, this would've seemed bad as a Lifetime movie.

### Free Birds

Kids' movies generally get more of a pass critically, but some things we can't let slide. Children deserve

better than this odd, clumsy tale of turkeys stealing a time machine to change the menu at the first Thanksgiving.

### The Last Stand

The kitschy 1980s action tropes that made Arnold Schwarzenegger a star just don't work anymore, as the former California governor painfully learned when no one showed up to see his first starring vehicle since returning to acting. Bizarre character actor Peter Stormare attempting a Texas accent almost makes it worth enduring. Almost.

### The Host

There's a certain amount of satisfaction to be taken in watching *Twilight* guru Stephenie Meyer's attempt at a follow-up franchise crash and burn, but it's a shame

## Comedy

### Grudge Match

Director. Peter Segal

Stars. Robert De Niro

Rocky or Raging Bull, who would prevail in a boxing match? That's the question asked in *Grudge Match*. Robert De Niro and Sylvester Stallone star as retired Pittsburgh boxers who get the chance to step back in the ring to settle a three decade old grudge and make "Kardashian sex tape" kind of money. This is a new story, occasionally funny and touching, but with lots of elements borrowed from other classic movies. **RICHARD CROUSE**

## Biography/Comedy

### The Wolf of Wall Street

Director. Martin Scorsese

Stars. Leonardo DiCaprio

Set during Wall Street's cocaine and hookers era, *The Wolf of Wall Street* is based on real life brokers Jordan Belfort (Leonard DiCaprio) and Donnie Azoff (Jonah Hill), who snorted and scammed their way to the top, only to become the subject of an FBI investigation into financial corruption. With its fourth wall breaking narration, scandalous set pieces and absurd antics this is a wild cinematic experience. At three hours it's almost as excessive as Belfort's \$26,000 dinners. **RICHARD CROUSE**

## Biography/Drama

### Mandela: Long Walk to Freedom

Director. Justin Chadwick

Stars. Idris Elba, Naomie Harris

Nelson Mandela's life is so astonishing even Hollywood cannot seem to bring its incredulity to life. Based on his autobiography, *Mandela: Long Walk to Freedom* attempts to cram the subject's lifetime battle against apartheid into 139 minutes and the result only dilutes the measure of the late South African President's story. It winds up more encyclopedic than epic. **STEVE GOW**

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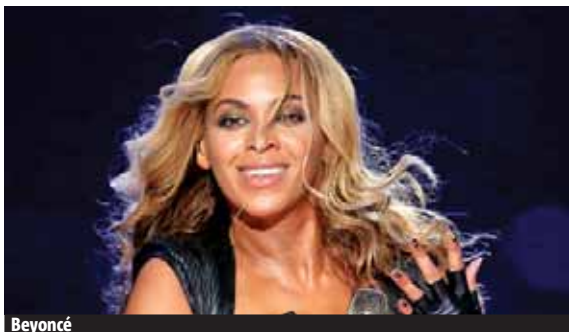
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Beyoncé

## Attention Walmart shoppers, there's a Beyoncé in aisle four

The Queen Bey visited a Massachusetts Walmart before her Boston concert on Friday and spread some holiday cheer to the tune of \$39,800.

The singer, who might be the only human alive (other than Yeezus, of course) rivaling Miley in the headline-making department, did a mic-check on a Tewksbury Walmart's PA system and announced that she would pay the first \$50 of every customer's purchase.

Which, of course, is super nice. But also, what? What compelled Beyoncé (other than a top notch PR team who

I'm sure gently suggested this might be a not-terrible stunt to pull) to casually drop by a Walmart in nowheresville, Mass., and pay for some last-minute holidays shoppers' layaway crap? I'm not saying it was a bad stunt, I'm just saying it's a random one. Anyway, this is all to say that Beyoncé's image as one of the most likable (and that's saying a lot, because it's pretty easy to hate someone so fabulous)

ladies in the biz isn't in danger of cracking anytime soon. **METRO**



### Twitter



**@robdelaney**

Just saw a Hasidic man & 2 Asian girls laugh at a dog knocking over a garbage can so don't even act like peace isn't possible guys.



**@BrittanySnow**

I bet cats really hate the fact that they can't hashtag #yolo



**@RebelWilson**

All this reminds me of when I got kicked out of an 'Open House' Pretty Woman style last weekend coz the broker thought I couldn't afford it

# METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

### Holidays in Hollywood



## Looks like Duck Dynasty won't be without a home

**PAT HEALY**  
Metro World News

Aw, here's a heartwarming story just in time for the holidays. Thanks to Hunt Channel — a Christian television network that markets almost exclusively in reality shows about Bible-lovin', gun-totin' folks who kill defenseless creatures for sport — Duck Dynasty will not go homeless if A&E decides to drop it on its redneck butt.

A lot of people are calling for the network to pull the plug on Duck Dynasty — surprisingly one of the highest-rated reality shows of all time (proof, I think, of the rapid decline of our intelligence as a society thanks to the Internet and sexting and global

warming or whatever) — after patriarch in charge Phil Robertson's recent eloquent musings on homosexuality. And, apparently, the other Duck Dynasty cast members are among those calling for the show to be yanked.

Robertson's brood of fellow people who like to make the duckies go bye-bye with the boom boom stick have his back, and have recently gone on record saying that they don't want to do the show without him.

Fortunately, the Hunt Channel is making it their business to ensure that they won't have to. A Christmas miracle!

According to a TMZ report, Hunt channel owner Merrill Sport thinks that A&E should "put on their big boy pants" and support the cast of Duck Dynasty for being the unapologetic bigots they are. Further, Sport is more than happy to put on his own pair of big kid trousers and air the show himself. Because, at Hunt Channel, he says, "we don't censor our personalities."



Paul Walker ALL PHOTOS GETTY IMAGES

## Studio puts the brakes on Fast & Furious sequel in wake of tragedy

Universal Pictures has delayed the release of Fast & Furious 7 for almost a year following the death of star Paul Walker.

The studio announced Monday that the Fast & Furious sequel will be released in April 2015, instead of July next year. Shooting on the film was about halfway finished when the 40-year-old Walker died in a car

crash outside of Los Angeles. Walker still will appear in the film, though Universal has not said exactly how it will handle his unfinished performance.

Co-star Vin Diesel first posted the news on Facebook, telling his fans that, "He'd want you to know first."

**THE ASSOCIATED PRESS**

## Miley beckons us into her boudoir, but do we really want to be there?

Have you guys seen this clip that's going around from Miley's new music video for her song Adore You?

If you haven't, because, I guess, you don't have a google alert set up for "Miley Cyrus" like I do, here's the relevant info:

It features grainy, sex tape-esque footage of Miley, er, pleasuring herself.

I guess we now have the answer to the age-old question "where does one in eternal pursuit of shock value and press go, after humping a foam finger while practically naked onstage?"

But, OK, I don't hate this. Miley Cyrus is a next-level entertainer and whoever is handling her PR right now deserves a big, fat holiday bonus. MyCy (I'm still totally going with this, and don't understand why nobody else has picked this up) was the most-googled person of the year, which is pretty damn impressive considering where she started.

Also, I'm sure there's an opportunity for a think piece on female empowerment and sexual freedom, etc, etc here. I'm not going to write it, I'm just saying there's a window here. **METRO**

## New Homes Available !

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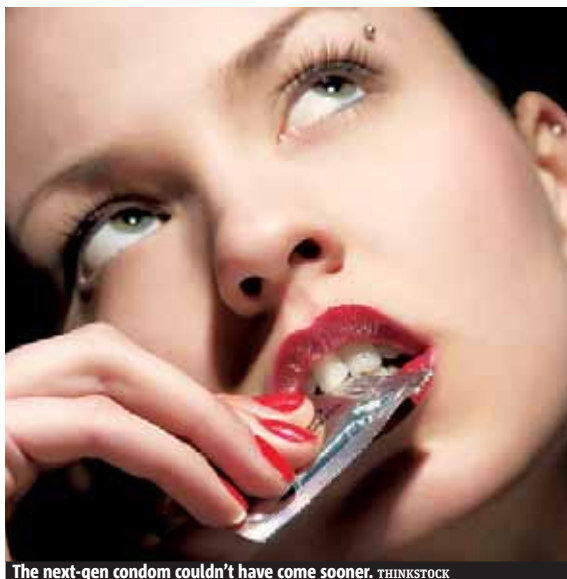
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# Healthy highs and lows this year

In our look back at 2013: HIV cures, HIV scares and how a pet can save your life

MICHELLE CASTILLO  
Metro World News



The next-gen condom couldn't have come sooner. THINKSTOCK

## LOW: U.S. porn industry shuts down three times due to HIV scare

Debbie didn't do many people this year. Numerous HIV-positive test results in the U.S. porn industry forced a moratorium on production while all potentially infected performers were re-tested for the virus. Current regulations require porn stars to be tested every 14 days in the U.S., limiting the number of people who could be exposed.

## HIGH: The next-generation condom

No glove, no love may be the motto but many men, particularly in developing countries, remain adverse to the prophylactics. To encourage use, the Bill and Melinda Gates Foundation offered \$100,000 to anyone that could come up with the next evolution of the male condom, with up to \$1 million for additional research. Eleven ideas won the first-round funding, including a condom made out of bovine tendons.

## HIGH: Baby "cured" of HIV

While a cure for HIV and AIDS still remains elusive, doctors in Mississippi claimed to have eradicated the HIV virus from a baby by giving her a three-drug regiment within 30 hours of her birth. The mother of the child had not received any pre-natal treatment to prevent transmission, and a blood test had determined that the child was HIV positive at the time of birth. The child, who was two and a half years old at the time of the March announcement, no longer has any traces of the HIV virus in her blood.

## HIGH: Face transplants

The practice of transplanting another person's face onto a patient has been around for a few years — and not just on Nip/Tuck. This year, however, marked many improvements in the field. Polish doctors claimed to complete the world's fastest face transplant — a 27-hour procedure just three weeks after the patient's accident.

Meanwhile, several patients in the U.S. who received facial transplants in 2012 were shown to have improved facial sensation just one year later.

## LOW: Emergency birth control doesn't work ... sometimes

European pharmaceutical regulators approved a warning label change that would alert users of Norlevo (levonorgestrel) that it loses potency for women over 165 pounds and does not work in women over 176 pounds. The morning-after pill is a form of emergency birth control that was supposed to prevent pregnancy within 72 hours after having unprotected sexual intercourse.

## HIGH: A big year for ART

Across the world, more than 5 million screaming bundles of joy are born to people who may otherwise never have the experience of having a child without fertility treatments. More than half of the 5 million ART babies have been born in just the last six years, meaning the technology is improving.



## HIGH: Get a pet, save your life

If you need another reason to convince yourself to get a pet, the American Heart Association confirmed what was once an old wives' tale: that having a pet was linked to lower heart disease, lower blood pressure, lower cholesterol levels and lower levels of obesity.

## LOW: Heroin-like drug spreads overseas

For years, Russia has battled a problem with krokodil or desomorphine, an opioid drug in the same family as heroin and oxycodone. It is more potent than morphine, and is easily made with codeine, paint thinner, gasoline and other over-the-counter products. It also is so toxic that it causes flesh to rot off the user's bones, and the average abuser dies two to three years after beginning to use.



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# Lean pork tenderloin gets a flavour boost from prosciutto, mushrooms and fresh herbs

My choice for an elegant holiday dinner? It's hard to beat a roast, and more often than not my pick is a lean and moist pork tenderloin.

But let's face it, as much as we want to be healthy, there is such a thing as a roast that is too lean. A lack of fat often means a lack of flavour. So how to make up this deficit? With plenty of high-flavour ingredients such as prosciutto, fresh herbs, mushrooms and wine.

Prosciutto packs a ton of flavour, and the slight amount of fat it adds is well worth it. As for the herbs, I took a tip from the Italians, who often top off a grilled steak with fresh herbs and a drizzle of olive oil.

1. Heat the oven to 350 F. Cut down through each tenderloin lengthwise so that you can open it up like a book, but do not cut all the way through. Sprinkle water on the cutting board under the tenderloin and sprinkle a little water on top of the tenderloin (this will help prevent the meat from tearing when you pound it). Cover the tenderloin with plas-

## Double Pork Roast with Mushroom Marsala Sauce



This recipe serves six. THE ASSOCIATED PRESS

tic wrap and pound the meat using a meat mallet or rolling pin until it is about 1/2-inch thick.

2. Sprinkle half the rosemary and thyme leaves all over the inside of each butterflied and

pounded pork tenderloin and spread the prosciutto evenly in one layer over the herbs. Beginning with the long end, roll up the tenderloin tightly, tucking in the ends (as you would a burrito). Use kitchen twine to tie the roll in a bundle, tying it

every 2 inches.

3. In a large nonstick skillet over medium-high, heat 1 tablespoon of the oil. Season the pork lightly on all sides with salt and pepper, then add it to the skillet. Sear until

## Ingredients

- 2 pork tenderloin roasts (3/4 to 1 lb each), trimmed of all fat
- 2 tbsp packed fresh rosemary leaves, chopped
- 2 tbsp packed fresh thyme leaves, chopped
- 4 oz thinly sliced prosciutto
- 3 tbsp extra-virgin olive oil, divided
- Kosher salt and ground black pepper
- 1/2 cup finely chopped shallots or onion
- 1/2 lb mushrooms (cremini, white button, shiitake, oyster or a mix), trimmed and sliced
- 1/2 cup dry Marsala wine
- 1 1/4 cups low-sodium chicken broth
- 1 tbsp all-purpose flour

loosely with foil.

4. Meanwhile, make the sauce. Return the skillet to medium heat. Add the remaining 2 tablespoons of oil and the shallots and cook, stirring, until the shallots are golden. Add the mushrooms and cook, stirring often, until the mushrooms give off all their liquid and are lightly browned.

5. Add the Marsala and simmer until almost all of it is reduced. Add 1 cup of the chicken broth and bring back to a boil. In a small bowl whisk the remaining 1/4 cup of chicken broth with the flour. Add the flour mixture to the skillet in a stream while whisking and simmer for 2 minutes. Add any juices that have accumulated from the resting pork to the sauce.

6. Slice the pork crosswise into 1-inch-thick slices. Transfer several slices to each of 6 serving plates. Spoon some of the mushroom sauce over each serving.

SARA MOULTON/THE ASSOCIATED PRESS

## Dinner. 5-Grain Pilaf with Balsamic Mushrooms



This recipe serves six. PRESIDENT'S CHOICE

## Ingredients

- 1 pkg (250 g) PC 5-Grain Blend
- 1 pkg (227 g) white button mushrooms
- 3 tbsp (45 ml) olive oil
- 1 tbsp (15 ml) balsamic vinegar
- 1 cup (250 ml) sliced shallots
- 1/2 cup (125 ml) finely diced carrots
- 1 large clove garlic, thinly sliced
- 1/2 cup (125 ml) chicken broth
- 1 tsp (5 ml) salt
- 1/2 tsp (2 ml) freshly ground black pepper
- 1/2 cup (125 ml) grated Parmigiano Reggiano
- 1/4 cup (50 ml) chopped fresh parsley

1. Preheat oven to 425 F. Line rimmed baking sheet with foil. In saucepan, bring 8 cups (2 l) water to a boil. Add 5-grain blend. Return to a boil. Reduce heat to medium-high and cook, uncovered, for 10 minutes. Drain and set aside.

2. On prepared baking sheet, toss mushrooms with 1 tablespoon (15 ml) of the oil. Roast in centre of oven for 20 minutes. Toss with 2 teaspoons (10 ml) of the balsamic vinegar; return to oven and roast another 5 minutes. Set aside.

3. In large nonstick frying pan, heat remaining 2 tablespoons (25 ml) oil over medium-low heat; cook shallots, carrots and garlic for 4 to 6 minutes or until

softened. Stir in drained 5-grain blend. Increase heat to high; cook for 5 minutes, stirring. Stir in chicken broth; cook for 2 minutes. Remove from heat.

4. Stir in salt, pepper and remaining 1 teaspoon (5 ml) balsamic vinegar. Stir in mushrooms, cheese and parsley.

PRESIDENT'S CHOICE

## Pot roast that's fit for a feast

1. Heat the oven to 350 F. In a food processor, combine the red onions, carrots, celery and leeks. Pulse until finely chopped, but not so finely that a paste is formed.

2. In a large Dutch oven or heavy bottomed large pot over medium, heat the olive oil. Add the onion-carrot mixture and cook, stirring occasionally, until golden brown, 12 to 15 minutes. Spoon the mixture out into a bowl.

3. Trim the chuck roast of any very large pieces of fat. Season the meat liberally with salt and black pepper. Increase the heat under the Dutch oven to high and add the meat. Sear on all sides until well browned, 3 to 4 minutes per side. Transfer the roast to a plate.

4. Add a bit of the red wine to the pot and scrape up any browned bits on the bottom. Return the browned vegetable mixture to the pot along with the rest of the red wine, beef stock, tomato paste, mustard, bay leaves, and rosemary. Stir well. Carefully return the roast to the pot, cover and place in the oven for 3 to 4 hours, or until very tender.

## Holiday Pot Roast with Spiced Root Vegetables



This recipe serves 12. THE ASSOCIATED PRESS

5. Meanwhile, prepare the roasted vegetables. In a large bowl, toss together the carrots, parsnips, onions, sunchokes and sweet potatoes. Drizzle with olive oil and toss to coat.

6. In a small bowl, mix together the salt, black pepper, cumin, coriander and fennel seed. Sprinkle over the vegetables and toss again. Spread onto a rimmed baking sheet. After the chuck has been roasting for 2 1/2 hours, add the vegetables to the oven. Roast, stirring occasionally, for 45 minutes to 1 hour, or until

golden brown on all sides. Transfer the pork to a shallow baking pan, then roast on the oven's middle shelf until the centre reaches 145 F, about 20 to 25 minutes. Remove the pork from the oven and cover

browned and tender.

7. When the chuck is finished cooking, remove the pot from the oven and transfer the roast to a plate. Cover with foil. Remove the rosemary and bay leaves from the pot and discard. Transfer the remaining contents to a blender and blend until smooth, making sure to use caution when blending the hot liquid. Return to the pot and bring to a boil. Simmer until reduced to about 5 cups, or gravy thickness. Serve with the roast and root vegetables.

THE ASSOCIATED PRESS

## Ingredients

### Roast

- 2 medium red onions, quartered
- 2 medium carrots, cut into pieces
- 3 stalks celery, cut into pieces
- 2 leeks, trimmed and sliced
- 2 tbsp olive oil
- 6- to 7-pound chuck roast
- Salt and ground black pepper
- 3 cups red wine
- 2 cups unsalted beef stock
- 1/4 cup tomato paste
- 2 tbsp Dijon mustard
- 3 bay leaves
- 3 sprigs fresh rosemary

### Root vegetables

- 6 medium carrots, peeled and cut into 1-inch pieces
- 4 parsnips, peeled and cut into 1-inch pieces
- 2 medium red onions, cut into wedges
- 2 small celeriac roots, peeled and diced
- 2 lbs sweet potatoes, peeled and cut into 1-inch pieces
- 2 tbsp olive oil
- 1 tsp salt
- 1 tsp ground black pepper
- 1 tsp ground cumin
- 1 tsp ground coriander
- 1/2 tsp fennel seeds



# Five steps to becoming a millionaire

**Entrepreneurship.** Kim Kaupe describes how to go it alone, even if you don't have start-up cash or a business background

EMILY  
LAURENCE  
Metro World News

Three years ago, 28-year-old Kim Kaupe quit her job to pursue a business idea she brainstormed with her co-founder. Now, she's the head of multi-million dollar company ZinePak. Like many people who have a gem of an idea, Kaupe didn't have a business background or any start-up money. Still, she went for it. Kaupe shares her tips with us so you can pursue your own great idea.

## 1. Find a hole in the market-place

"I worked at Brides magazine for two years and then got a job at an ad agency. One of my co-workers at the agency used to work at Sony Records. We hatched this idea of putting magazines and music together, and out came ZinePak. We wanted to create special packages for fans. It was something that didn't exist before."

## Quoted

**"If you have an idea, tell everyone you can. You never know who that person might know."**

Kim Kaupe, co-founder of ZinePak

## 2. Partner with someone who has the strengths you lack

"My business partner and I fit together perfectly because one of us has the strengths that the other person doesn't. Find someone you gel with and shares your views, but also brings a unique perspective."

## 3. Tell everyone your idea

"There's this common misconception that when you come up with a great idea, you have to keep it to yourself because someone will steal it. It's really the opposite. If you have an idea, tell everyone you can. You never know who that person might know. Or, they could have a way for you to improve your idea that you haven't thought of. We changed our entire product based on a suggestion a random customer emailed us. It pays to listen — literally."

## 4. If you're not an expert, find people who are



Kim Kaupe, co-founder of ZinePak, suggests attending small-business meetups and finding ways to keep your overhead low. CONTRIBUTED

"Neither my partner nor I had a background in business. Going to meet-ups was essential for growing our business. There are meet-ups for everything: small business owner meet-ups, tech meet-ups, entrepreneur meet-ups... When I first started out, I thought I was the only per-

son in the world who faced certain problems. But chances are, most other entrepreneurs that you talk to have wanted to throw their Quickbooks out the window too and might have a great suggestion that can help you. Whatever you need to learn how to do that you can't Google, there's

someone out there who can help you."

## 5. Keep your overhead low

"The first year, my business partner and I worked from home using only our computers, cellphones and brains. It was just us hustling and cold calling, saying 'Let us make this awesome product for you.'

The less supplies you have to buy, the more money you'll make. Think, do you really need a warehouse or paper printing machine? Chances are there's a company out there who it's cheaper to pay than renting space or buying all the materials yourself."

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# Eat, drink and stay healthy this holiday

## Seasonal hazards.

Between overindulging and contracting colds, this time of year can take a toll on your vigor

The holidays are a time to burn your candles at both ends, but you have to be careful to not flame out. The pressure created by a combination of social events, family get-togethers, shopping and financial stress can easily weaken or overwhelm your immune system.

## Eating

Make sure you neither eat too much, nor too little. Overindulging will not only put on a few extra holiday pounds, but makes you more likely to develop esophageal reflux from a distended stomach at bedtime. This overnight trickle of stomach acid bubbling up into the back of your throat while lying flat in bed can not only cause heartburn but may also lead to a sore throat or dry cough.

This is not only a nuisance that is often mistaken for an upper respiratory infection (common cold), but may actual-

ly increase your odds of getting a sinus infection or bronchitis by decreasing your resistance. Eating too little may make you more likely to get intoxicated, as the alcohol in a glass of holiday cheer is absorbed more quickly on an empty stomach.

## Drinking

With so many social obligations and reasons to celebrate, there is ample opportunity to drink alcohol on a daily basis — and lots of it. Try to drink a glass of water with each alcoholic beverage (one for one). Don't drink and drive, and don't let your

friends drink and drive.

## Being healthy

The 2013-14 influenza season has officially arrived in North America and there are any variety of cold viruses around that have been making people miserable with sore throats, nasal congestion and coughs.

Shaking hands, kissing under the mistletoe and travelling on a plane can all spread illness rapidly. Get a flu shot, wash your hands frequently, keep your hands away from your face and blow kisses where you can. **METRO**

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NFL

## Niners clinch win at 11th hour

NaVorro Bowman returned an interception 89 yards for a touchdown with 1:10 remaining, and the San Francisco 49ers clinched a playoff berth with a wild 34-24 victory against the Atlanta Falcons on Monday night in the final regular-season game at Candlestick Park.

Tramaine Brock broke up a pass intended for Harry Douglas and Bowman got his hands on the ball and took off, then received a celebratory dog pile from teammates in the end zone.

Matt Ryan threw a 39-yard touchdown pass to Roddy White with 8:42 remaining and a two-yard score to Tony Gonzalez with 2:09 left as the Falcons (4-11) made things interesting until the end.

THE ASSOCIATED PRESS

World juniors

## Drouin, Horvat, McDavid help Canada top Swiss

Jonathan Drouin scored twice to lead Canada's national junior hockey squad to a 4-1 exhibition win over Switzerland on Monday.

It was the final tune-up for Canada, which opens the world junior tournament Thursday against Germany.

Canada finished with a 2-1 exhibition record but was coming off a 3-0 loss to Sweden on Sunday.

Bo Horvat and Connor McDavid had the other goals for Canada. Jake Paterson stopped 23 shots in goal. **THE CANADIAN PRESS**



Hayley Wickenheiser signs autographs following the naming of the team that will compete in the 2014 Olympic Winter Games in Sochi, Russia, during a news conference in Calgary, Monday. JEFF MCINTOSH/THE CANADIAN PRESS

# Less experience, more depth: Wickenheiser

**Sochi 2014.** National Olympic team roster finalized after coaching shakeup, player cuts

Canada's Olympic women's hockey team has less experience than two previous editions, but believes it has the speed and skill to defend the gold medal in Sochi, Russia.

The 21-player roster that will attempt to win a fourth consecutive Olympic gold in women's hockey was finalized Monday after the release of three players.

The 2014 squad includes

The team

- **Goaltenders.** Shannon Szabados, Alta.; Genevieve Lacasse, Ont.; Charline Labonte, Que.
- **Defencemen.** Jocelyne Larocque, Man.; Lauriane Rougeau, Que.; Laura Fortino, Ont.; Meaghan Mikkelson, Alta.; Catherine Ward, Que.; Tara Watchorn, Ont.
- **Forwards.** Meghan Agosta-Marciano, Ont.; Rebecca Johnston, Ont.; Jennifer Wakefield, Ont.; Gillian Apps, Ont.; Carolline Ouellette, Que.; Melodie Daoust, Que.; Jayna Hefford, Ont.; Brianna Jenner, Ont.; Haley Irwin, Ont.; Hayley Wickenheiser, Sask.; Natalie Spooner, Ont.; Marie-Philip Poulin, Que.

a dozen players who beat the U.S. women 2-0 in the 2010 final in Vancouver. The 2010

and 2006 squads each carried over 14 players from the previous Winter Games.

"We're a little bit younger in the experience department," admitted forward Hayley Wickenheiser.

"We're very similar in the type of style we're going to play — a tight forechecking style and trying to counteract with a lot of speed. We have a little bit more offensive depth on the back end than in 2010 so we'll be counting on them to jump into the attack.

"Goaltending is as good or better. Maybe a little bit more depth overall."

Canada opens their gold-medal defence Feb. 8 against Switzerland. The final is Feb. 20 at the Bolshoy Ice Dome.

THE CANADIAN PRESS

# Jones goes from Riderville to B.C. Lions



Khari Jones with the Tiger-Cats in 2011. TORSTAR NEWS SERVICE FILE

The B.C. Lions named Khari Jones as their new offensive co-ordinator Monday.

Jones joins the Lions after two seasons as the quarterbacks coach with the Grey Cup-champion Saskatchewan Roughriders.

"Khari is a young, fresh football mind that brings a key combination of significant playing and coaching experience to the role of offensive co-ordinator," Lions head coach Mike Benevides said in a statement. "After a number of conversations with

Khari over the past couple of weeks, I am very excited about his positive approach to the game, the offensive concepts he will bring to our offence and how they will translate on the field.

Prior to joining the Riders, Jones served as Hamilton's offensive co-ordinator in 2011. Jones began his CFL coaching career as the Ticats' quarterbacks coach in '09.

Jones began his CFL playing career as a quarterback with the Lions in '97 before being dealt to Winnipeg in

2000. In 2001, Jones was named the league's outstanding player after guiding the Bombers to a 14-4 regular-season record.

Jones also played for Calgary (2004) and Hamilton (2005) and twice went to training camp with Edmonton before joining CBC's CFL broadcast crew in 2006.

"It's an honour to return to the same organization that gave me an opportunity to play in this great league many years ago," said Jones.

THE CANADIAN PRESS





A large, ornate brass instrument, likely a hydrometer or a similar scientific device, featuring a circular base and a complex, curved frame. The instrument is made of polished brass and has a circular base with a flared rim. A large, curved frame rises from the base, forming a sort of 'U' shape. At the top of the frame, there is a circular ring or handle. A horizontal rod or needle is attached to the frame, extending outwards. The instrument is set against a dark, textured background.

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# Buick Regal could rule the roads



ALL PHOTOS WHEELBASEMEDIA.COM

**2014 Buick Regal.** One step closer to being first choice over a Euro sedan instead of an alternative

**MALCOLM GUNN**  
wheelbasemedia.com

The Euro-inspired, North America-built Buick Regal represents a significant shift in thinking for General Motors' entry-premium division.

Since its 2012-model-year arrival, the Regal has dared to challenge similar BMW, Mercedes-Benz and Audi offerings. It has also become a viable alternative for mid-size entry-luxury buyers, regardless of national origin. Along with the subsequent introduction of the smaller Verano sedan and even smaller Encore wagon, Buick has likely left the dwindling knot of traditional Buick buyers wondering what has become of their cherished brand.

Inside, the reshaped dashboard has a 4.2-inch (10.7 centimetre) display screen between the dual gauge pods that shows basic vehicle info. In addition, a new eight-inch (20-centimetre) touch screen for the climate, navigation, communications and infotainment systems can also be operated through steering-wheel controls.

Under the hood has been simplified. Previously, you could pick between the base turbo-charged 2.0-litre four-cylinder engine with 220 horsepower and 258-pound-feet of torque, and a version that made 270 horsepower and 270 pound-feet of torque (the GS

model). Newly optional for turbo models is an all-wheel-drive system that in normal driving splits the torque equally between the front and rear tires, but can deploy up to 90 per cent to the rears when the front wheels start to lose traction. AWD is not offered for the optional (and non-turbo-charged) 2.4-litre four-cylinder engine that combines with a 15-horsepower electric motor and lithium-ion battery pack to make 182 horsepower and 172 pound-feet of torque.

The partial-hybrid system, called eAssist, controls the car's stop-start function to conserve fuel at stoplights and in stop-and-go traffic. The eAssist also kicks in when the Regal is accelerating, but unlike a "full hybrid" powertrain, the electric motor never operates independently of the gas engine. A six-speed automatic is the sole eAssist transmission choice.

The AWD option allows the Regal to keep up with the changing times and the competition, as does the availability of camera-based blind-spot warning and cross-traffic alerts, the latter of which points out traffic that's crossing into your back-up path. There's also forward-collision warning that lets you know when you're too close to traffic in front.

Regal shoppers can choose from base, Premium I, Premium II and GS models. For \$34,800 (including destination charges), the base car arrives with a considerable load of gear, including dual-zone climate control, leather seat covers (heated in front), 12-way power driver's seat and an elec-

## 2014 Buick Regal

- **Type.** Four-door, front-/all-wheel-drive mid-size sedan
- **Engines (hp).** 2.0-litre DOHC I4, turbocharged (259); 2.4-litre DOHC I4 (182)
- **Transmissions.** Six-speed automatic; six-speed manual (opt.)
- **Base price (incl. destination).** \$34,800

## Design

For the 2014 model year, the Regal receives mid-production cycle adjustments that begin with front and rear restyling, including a more prominent grille plus new front and rear LED lighting.

## Fuel economy

For 2014, it's down to a single turbo engine pegged at 259 horsepower and a stout 295 pound-feet. It's rated at 10.1 l/100 km in the city and 6.6 on the highway with the six-speed automatic transmission, and 10.2/6.3 with the six-speed manual (available only with the GS).



The Buick's interface can change depending on what you want to know.

tric parking brake. Other items, such as a power sunroof, navigation with rear-vision camera and an up-level nine-speaker Bose-brand sound system, are added as you move up the trim levels.

At the GS plateau, the standard-equipment list encompasses unique front- and rear-end designs, aero side cladding and rear spoiler, and available 20-inch wheels (19-inchers are standard GS fare, while 17s come on eAssist models). GS

models also arrive with larger Brembo-brand front brakes, sport suspension setup and a selectable GS sport mode that increases steering effort, firms up the shock damping and alters the transmission shift points for more spirited driving. Anyway you slice it, the Regal's broader appeal and competitive price tag places it in a closer league with its European and North American mid-size sedan rivals and is a real feather in Buick's cap.

## Compare



**1** Acura TL  
Base price: \$42,000



**2** Cadillac ATS  
Base price: \$37,000



**3** Volvo S60  
Base price: \$40,850

5 DRIVE



# ON TOP WHERE IT BELONGS



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# ON TOP WHERE IT BELONGS





## Horoscopes

### Aries

March 21 - April 20

Something you have been working on for a long time will bear fruit today. Others may say you've been lucky but the fact is you have laboured long and hard to get this far.

### Taurus

April 21 - May 21

You will handle everything life throws at you with grace and style. The planets endow you with limitless self-confidence and the kind of faith that moves mountains.

### Gemini

May 22 - June 21

You will have to take on new responsibilities over the next few days, including some of a financial nature. Show the world you have what it takes to handle difficult situations.

### Cancer

June 22 - July 23

Although the sun in Capricorn brings partnership problems to the fore, Mercury in your opposite sign will make it easier for you to see things from the other person's point of view.

### Leo

July 24 - Aug. 23

Matters of a routine nature will take up a lot of time but once you have completed your tasks you can move on to something more interesting. Whatever else you do today, don't cut corners.

### Virgo

Aug. 24 - Sept. 23

This should be a productive day for you — you will get a lot done in a short space of time. Make the most of it because as you move into the New Year not everything will come quite so easily.

### Libra

Sept. 24 - Oct. 23

Partners and colleagues will demand more of your time and attention today and if you are smart you will give it to them.

### Scorpio

Oct. 24 - Nov. 22

You will get the chance to move up in the world in some way over the next few days and even though your mind may be on other things you must grab the opportunity.

### Sagittarius

Nov. 23 - Dec. 21

Money matters must come first today and with Mercury joining the sun in the main financial area of your chart you will get the chance to balance the books.

### Capricorn

Dec. 22 - Jan. 20

Decide what is the most important thing you should be doing right now and do it to the exclusion of all else. Your efforts will not be wasted.

### Aquarius

Jan. 21 - Feb. 19

What happens today will convince you that life is good and about to get even better. The only reason that your thoughts have been so negative of late is because you have allowed your emotions to blot out common sense. Time to rebalance.

### Pisces

Feb. 20 - March 20

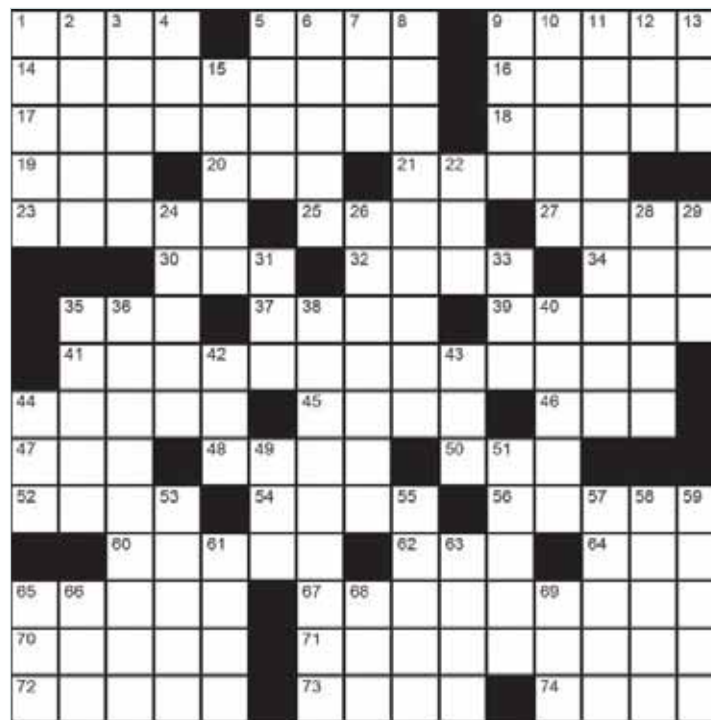
Try not to get too emotionally involved in other people's problems. Life is full of ups and downs, and so a more light-hearted approach from you today will be an example for them to follow.

SALLY BROMPTON

## Crossword: Canada Across and Down

### Across

1. "Hush! I \_\_\_ the phone!"
5. Gentle
9. "\_\_\_ Old St. Nicholas"
14. Artist's work
16. Grow like \_\_\_
17. Saint-Jean-sur-\_\_\_, Quebec
18. Distributes
19. Pitcher's stat.
20. \_\_\_ mode
21. Pancake dish of Russia
23. Mailing enclosures, commonly
25. Nero's 651
27. Poinsettia part
30. Texter's "incidentally"
32. Jump
34. \_\_\_ Cone
35. Overseas MTV honour (acronym)
37. Alum
39. Barbera's cartooning partner
41. The Huron Carol bit: "That mighty \_\_\_ / Sent angel choirs instead."
44. Via ship: 2 wds.
45. Singer/songwriter Marvin
46. Prefix to "light"
47. Appropriate
48. Thailand currency
50. Premium car
52. French for "here and there": Ici \_\_\_
54. Ancient portico
56. Distressed cries



60. Saskatchewan village between Regina and Saskatoon
62. American ailer since '71
64. Furrow-maker
65. Helicopter part
67. Ontario community east of London
70. Satire

71. Where Canada is trying to lay territorial claim, as in recent headlines: 2 wds.
72. Holiday hue
73. Fellows
74. Belonging to an undercover agent

### Down

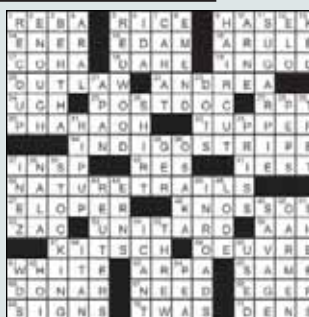
1. \_\_\_ski

2. Ballerina/actress Ms. Shearer of The Red Shoes (1948)
3. Killer whales
4. To the \_\_\_ power
5. Richard of Night Court
6. Ancient tale
7. Prevarication
8. \_\_\_ Canada (Book publisher)

9. Actress Ms. Gertz
10. Buck of Hee Haw
11. "Oh, the weather outside is frightful..." Christmas carol: 3 wds.
12. Jeans brand
13. Li'l length units
15. Spread
22. Irish coronation stone, \_\_\_ Fail

24. Online retail discount
26. Mott's beverage
28. Boredom
29. Bygone bird
31. Early 1920s President [monogram]
33. \_\_\_ Beta Kappa
35. The Prince of \_\_\_ (1998)
36. Festive foliage
38. Position in hockey: 2 wds.
40. When management might return from lunch, \_\_\_
42. Music legend Mr. Calloway
43. Bird bill
44. UK defence contractor, \_\_\_ Systems
49. Mount \_\_\_ (Volcano of Japan)
51. Frankincense and \_\_\_
53. Solo
55. Furious
57. \_\_\_ it up (Celebrate)
58. Candy-on-a-stick
59. Monica of tennis
61. Welsh opera singer Mr. Terfel
63. Furry friends
65. Semi
66. Hockey Hall of Famer
68. \_\_\_ Turn (Road sign)
69. Madonna's first hubby ... his initials-sharers

## Yesterday's Crossword



## Sudoku

### How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

## Yesterday's Sudoku



## Weather

### TODAY

MAX: -2°  
MIN: -3°

### WEDNESDAY

MAX: 1°  
MIN: -9°

### THURSDAY

MAX: 1°  
MIN: -6°



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